

Indoor comfort is affected by more than just heating and cooling. Humidity also plays a major role in how a home feels from season to season. Air that is too dry can lead to discomfort, dry skin and static electricity, while excess humidity can make rooms feel heavy and contribute to condensation or musty conditions. [Humidity control](#) helps create a more balanced indoor environment by managing moisture levels throughout the home. Central Heating works with homeowners in Ontario to identify common air quality and comfort issues and recommend practical solutions based on the layout of the home, the HVAC system and the season. In many cases, whole home humidity control can improve comfort in a way that is noticeable every day. Our team helps homeowners explore options such as humidifiers, dehumidifiers, [air cleaners](#) and smart comfort controls that work together to support healthier indoor air.(Image:

<https://windsorinsulation.co/wp-content/uploads/2023/04/db167645af037f687c1f5b66e4f3f97b-insulation-installation-spray-foam.jpg>) We also look at airflow, filtration and system performance because

humidity problems are often connected to broader indoor air quality concerns.(Image:

<https://s3-media0.fl.yelpcdn.com/bphoto/EvX793epnpL6ZagUUJRj4g/l.jpg>) By taking a complete approach, homeowners can often improve comfort, protect surfaces in the home and create a living space that feels more balanced through the year.(Image:

<https://s3-media0.fl.yelpcdn.com/bphoto/R9pyCCCZ-2Fvrov169IZsw/l.jpg>) Central Heating focuses on clear recommendations and practical humidity control solutions that help Ontario homeowners improve indoor air quality and overall comfort.

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